What Hope for the World?

I am Metatron.

You ask what hope there is for the world? And we tell you: There is great hope.

Why, you wonder, does all this turmoil exist? All this suffering, pain? The Earth herself is suffering and we along with it.

Love the Earth with all your heart. Help it to tame its growing pains for it reflects the consciousness of humanity as it merges into the 5^{th} dimension. So, yes, turmoil, shock — these things are reflected in the Earth that you love.

Your own shock mounts high as one trauma after another appears on your screens. You do not know how to respond — what to say, what to do, how to feel — you do not know.

And yet there is a quietness within. It sits next to the disquiet that you feel and that quietness within you is what will turn the corner for all humanity. For there rests the seed of perfection, the seed of knowledge, of understanding, the seed of wisdom. There within you is the kernel of the truth, of the overarching seed of consciousness that makes us what we are.

Take that seed and plant it deep within you and nurture it. Let it rise like the new wave that is upon you, ever ascending, ever wafting its way to the highest state of Being.

You say you do not know the way but the way is within you. Seek the quiet that I bring you and dwell within that sense of well-being.

And there you can be forever free, forever whole. Rising, rising, rising. Higher and higher into the atmosphere of Love that pervades all things, that is all things, that makes all things. See the design before you—the powers within.

So be it. Amen.

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